

## **Executive Coach**

Uniquely qualified among executive coaches, Kevin has led the marketing efforts for several executive teams that have achieved success through growth, IPO, merger or acquisition. His first-hand experience of the unique personal and work-related challenges faced in such positions wins instant credibility with his clients. Through deep-dive conversation and development of introspective skills, he helps them identify and change the behaviors and default thought processes that work counter to goal achievement.

Kevin has held executive marketing positions in such companies as Ipswitch, Prelert, vKernel, Mazu, Smarts and Concord. He has also served as executive-level consultant to over a dozen other high-tech enterprises. He attributes his own success to the development of alignment between career and life-goals, training in Organizational Performance and the regular practice of introspection through mindfulness meditation.

Kevin is also the Co-Founder and Director of Content and Programs for the One River Mindfulness Center, which promotes personal empowerment through the practice of mindfulness disciplines including meditation, yoga, Qi Gong and intuitive skills development.