



Amy Goldfarb

Partner

AMY is a highly experienced executive coach and leadership and team development specialist who brings many years of study of human behavior from the world of psychology and the world of theater to executives across many industries. She specializes in helping her clients develop greater emotional intelligence and an ability to build more honest relationships that allow teams to get more work done.

Amy specializes in helping leaders become more “people-smart” and developing greater flexibility in their leadership styles, so they are better managers for all types of people.

She quickly becomes a trusted advisor to her clients by offering direct and honest feedback and helping her clients invite feedback from their teams and colleagues. Amy works closely with her clients to develop rigorous homework assignments that encourage growth and development of new behaviors over time.

Amy’s coaching helps to:

- Allow leaders to be more authentic, transparent, and available to their followers.
- Prepare leaders for larger roles encompassing greater visibility, complexity, or equity owner responsibility
- Prepare leaders to communicate with more passion and expressiveness in both large and small group settings.
- Identify and sustain a leader’s ability to find his or her “True North” to live and behave at work according to his or her deeply held values.

Education and Relevant work experience

- MSW Simmons School of Social Work
Graduated with honors and an award for creativity
- BA in Literature State University of New York at New Paltz
Graduated Summa cum Laude with the Outstanding Senior in English award
- Teacher in the Negotiation Program at Harvard Law School
- Certified Internal Family Systems Therapist
- Emotionally Focused Couple’s Therapist
- Experienced at orchestrating in-depth OD interventions which involve assessments of the strengths and challenges of leadership teams, and then designing appropriate coaching and training workshops to implement necessary changes.
- Experienced facilitator of senior level team meetings